

# Services for Children and Families living in Ballajura

# **Directory of Services**

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# SCHOOLS

## ALINJARRA PRIMARY SCHOOL

Address: 33 Northumberland Avenue, ALEXANDER HEIGHTS 6064 Phone: 9342 3388 Email: alinjarra.ps@det.wa.edu.au Website: www.alinjarraps.wa.edu.au

## **BALGA PRIMARY SCHOOL**

Address: 11 Fenhurst Crescent, BALGA 6061 Phone: 9344 2602

## **BALLAJURA PRIMARY SCHOOL**

Ballajura Primary School caters for students from Kindergarten through to Year 6.

Address: Illawarra Crescent South, BALLAJURA 6066

Phone: 9249 3766

## **GLADYS NEWTON**

Gladys Newton caters for students aged 4 to 18 with autism, intellectual and severe/multiple disabilities.

Address: 93 Balga Avenue, BALGA 6061

Phone: 9349 6499

Email: warriapendi.PS@det.wa.edu.au

## **ILLAWARRA PRIMARY SCHOOL**

Illawarra Primary School caters for students from Kindergarten through to Year 6.

Address: Illawarra Crescent North, BALLAJURA 6066

Phone: 9249 1296

## **KOONDOOLA PRIMARY SCHOOL**

Address: 50 Burbridge Avenue, KOONDOOLA 6064 Phone: 9343 1044 Email: Principal – rodney.steere@det.wa.edu.au Website: www.koondoolaps.wa.edu.au

## **MAJELLA CATHOLIC PRIMARY SCHOOL**

Address: 9 Finchley Crescent, BALGA 6061 Phone: 9207 7500 Email: admin@majella.wa.edu.au

## MARANGAROO PRIMARY SCHOOL

Address: 80 Giralt Road, MARANGAROO 6064 Phone: 9343 2055 Email: marangaroo.ps@det.wa.edu.au

## MARY MCKILLOP CATHOLIC PRIMARY SCHOOL

Mary McKillop caters for students from Kindergarten through to Year 6. Address: Cassowary Drive, BALLAJURA 6066 Phone: 9249 4988 Website: www.mmccps.wa.edu.au Email: admin@mmccps.wa.edu.au

## **MERCY COLLEGE**

Address: Corner Mirrabooka Road and Beach Road, KOONDOOLA 6064

Phone: 9247 9247

## NORTH BALGA PRIMARY SCHOOL

Address: 30 Maitland Road, BALGA 6061 Phone: 9247 3599

#### **RAWLINSON PRIMSRY SCHOOL**

Address: 27 Rawlinson Drive, MARANGAROO 6064 Phone: 9247 9000 Email: Principal - John.Mistilis@det.wa.edu.au

## SOUTH BALLAJURA PRIMARY SCHOOL

South Ballajura Primary School caters for students from Kindergarten through to Year 6. Address: Wyperfeld Gardens, BALLAJURA 6066 Phone: 9249 8022 Website: www.southballajuraps.det.wa.edu.au

## WADDINGTON PRIMARY SCHOOL

Address: 15 Henniker Way, KOONDOOLA 6064 Phone: 9342 7511 Email: Principal – gary.bryant@det.wa.edu.au

## WARRIAPENDI PRIMARY SCHOOL

Address: 8 Redcliffe Avenue, BALGA 6061 Phone: 9349 7433

# **CHILD CARE CENTRES**

## **ALEXANDER HIGHTS CHILD CARE CENTRE**

Long Day Care Address: 95 Azelia Street, ALEXANDER HEIGHTS 6064 Phone: 9247 3491 Opening hours: Monday to Friday - 7:00am to 6:00pm

## **BALGA OUT OF SCHOOL CENTRE**

Before and After School Care, Vacation Care Address: North Balga Primary School, 30 Maitland Road, BALGA 6061 Phone: 9345 8567

## **BALGA SENIOR HIGH SCHOOL CHILD CARE CENTRE**

Long Day Care Address: Balga SHS, Markham Way, BALGA 6061 Phone: 9343 6038 Opening hours: 7:30am to 5:00pm

## **BALLAJURA CHILD CARE CENTRE**

Long Day Care (6 weeks to 6 years) Address: 118 Illawarra Crescent, BALLAJURA 6066 Phone: 9249 2670 Opening hours: Monday to Friday - 7:00am to 6:00pm

## **BRIGHT SPARKS EARLY LEARNING CENTRE**

Long Day Care (6 weeks to 6 years), before and After School Care, Vacation Care Address: 15 Nottingham Gardens, BALLAJURA 6066 Phone: 9248 7676 Opening hours: 6:30am to 6:30pm

## **GOODSTART EARLY LEARNING BALLAJURA**

Long Day Care (0 to 5 years) Address: 1 Allington Avenue, BALLAJURA 6066 Phone: 9249 5737 Opening hours: Monday to Friday - 7:00am to 6:00pm

## JELLYBEANS CHILD CARE MARANGAROO

Before and After School Care, Vacation Care, Long Day Care Address: 2 Parin Road, MARANGAROO 6064 Phone: 9342 7440 Email: marangaroo@jellybeanschildcare.com.au Opening hours: Monday to Friday - 7:00am to 6:00pm

## MARANGAROO CHILD CARE CENTRE

Long Day Care Address: 11 Bradford Place, MARANGAROO 6064 Phone: 9343 6629 Opening hours: Monday to Friday - 7:00am to 6:00pm

## PEEK A BOO CHILD CARE CENTRE

Long Day Care, before and after school care Address 4 Treen Street, BALGA 6061 Phone: 9343 5645

## SALVATION ARMY BALGA EARLY LEARNING CENTRE

Long Day Care for children aged 2 months to 5 years. Address: 14 – 18 Lavant Way, BALGA 6061 Phone: 9349 7488

#### SOUTH BALLAJURA OSHCLUB

Before and After School Care, Vacation Care Address: 2/34 Wyperfield Gardens Phone: 8564 9000

## **TINKERBELLS CHILD CENTRE**

Long Day Care Address: 36 - 38 Wyperfield Gardens Phone: 9248 6070

## YMCA BALLAJURA OSHC

Before and After School Care, Vacation Care Address: Ballajura Community Centre, Parkview Drive Phone: 0414 293 044

## YMCA MERCY COLLEGE OSHC

Before and After School Care, Vacation Care

Address: Mercy College, Corner Mirrabooka Avenue and Beach Road

Phone: 0407 048 758

Email: mercy.oshc@ymca.org.au

Opening hours: Monday to Friday - 7:00am to 6:00pm

# **PLAYGROUPS**

## **PLAYGROUP WA**

Assistance, support, workshops, resources and guidelines to people wanting to establish a playgroup, consultation services to agencies planning to start playgroups and supported playgroup programs for disadvantaged groups.

Address: 1-3 Woodville Lane, NORTH PERTH 6006

Phone: 9228 8088

Freecall: 1800 171 882

Email: hotline@playgroupwa.com.au

Website: www.playgroupwa.com.au

Opening hours: Monday to Friday - 9:00am to 4:30pm

## **CHEEKY MONKEYS PG BALLAJURA**

Address: Meerilinga Ballajura Children and Family Centre, 2 Community Mews, BALLAJURA 6066

Contact: Rebecca

Phone: 0411 443 410

Email: paynefamily@iinet.net.au

Tuesday 9:30am - 11:30am (babies); Thursday 1:00pm to 3:00pm (babies); Friday 9:00am to 11:00am (2 year olds)

## **KADADIJINY ABORIGINAL PLAYGROUP**

Address: Meerilinga Beechboro Family Centre, 106 Amazon Drive, BEECHBORO 6063

Phone: 9377 7922

Tuesday - 10:00am to 12:00pm

## **KINGFISHER FAMILY PG INC.**

Corner Kingfisher Avenue and Illawarra Crescent, BALLAJURRA 6066 Contact: Annette Phone: 0434 357 187 Email: annette@hctech.com.au Monday, Tuesday, Wednesday and Thursday 9:00am to 11:00am; Tuesday 2:00pm to 4:00pm

## **MARANGAROO PG (INC)**

Address: Marangaroo Family Centre, 46 Highclere Boulevard, MARANGAROO 6064 Contact: Helen Phone: 9342 5303 Email: marangaroofc@westnet.com.au

## **RAINBOW PG BALLAJURA**

Address: Community Centre, Parkview Drive, BALLAJURA 6066

Contact: Donna

Email: gpk73@bigpond.com

Monday 9:30am to 11:30am; Tuesday, Wednesday and Thursday 9:00am to 11:00am

# HEALTH

#### **AFTER HOURS GP**

Medicare bulk billed Phone: 9328 0418 Email: www.afterhoursgp.com.au

#### **BALGA MEDICAL CENTRE**

Address: 91 Princess Road, BALGA 6061 Phone: 9349 0155

## **BALLAJURAH- ALEXANDER HEIGHTS SURGERY**

Address: 114 Illawarra Crescent South, BALLAJURA 6066 Phone: 9249 1311

#### **CHILD HEALTH CENTRE- BALLAJURA**

Address: 2 Kingfisher Avenue, BALLAJURA 6066 Phone: 9249 3077 or 9249 672

#### **CHILD HEALTH CENTRE - MARANGAROO**

Address: Marangaroo Family Centre, 46 Highclere Boulevard, MARANGAROO 6064 Phone: 9342 1690

## CHILD DEVELOPMENT CENTRE- KOONDOOLA

Address: 19 Meldrum Way, KOONDOOLA 6064

## **COMMUNITY HEALTH CENTRE- MIDVALE**

Address: 2/36 Mathoura Street, MIDLAND 6056 Phone: 9274 1641

## **COMMUNITY HEALTH CENTRE - MIRRABOOKA**

Address: 4/4 Chesterfield Road, MIRRABOOKA 6061

Phone: 9345 7100

## DERBAL YERRIGAN HEALTH SERVICES INC.

Services for Aboriginal and Torres Strait Islanders include GP, ear and eye health, physiotherapy and home and community care program

Address: 22 Chesterfield Road, MIRRABOOKA 6061

Phone: 9344 0444

Opening hours: Monday to Friday - 8:30am to 5:00pm

## THE HEIGHTS MEDICAL CENTRE

Address: 200 Mirrabooka Avenue, ALEXANDER HEIGHTS 6064

Phone: 9342 4888

## HIGHCLERE FAMILY MEDICAL CENTRE

Address: 1/52 Highclere Boulevard, MARANGAROO 6064 Phone: 9247 1522

## ISHAR MULTICULTURAL CENTRE FOR WOMEN'S HEALTH

Provides information and support services for women of all cultures Address: Mirrabooka Community Offices, 8 Sudbury Place, MIRRABOOKA 6061 Phone: 9345 5335 Opening Hours: Monday to Friday – 9:00am to 4:00pm

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## JOONDALUP HEALTH CAMPUS

Address: Corner Grand Boulevard and Shenton Avenue, JOONDALUP 6027

Phone: 9400 9400

## **KOONDOOLA MEDICAL CENTRE**

Address: 48 Amberton Avenue, GIRRAWHEEN

Phone: 9342 3868

#### KING EDWARD MEMORIAL HOSPITAL FOR WOMEN

*Emergency Obstetrics and Gynaecology, Foetal Medicine, Neonatal Department, Obstetrics and Gynaecology Department, Adolescent Antenatal Clinic.* 

Address: 374 Bagot Rd, Subiaco 6008

Phone: 9340 2222 or 9340 1799 (Mother & Baby Unit)

Email: wch@health.wa.gov.au

## MEDICARE

#### Morley

Address: Shop 177, Centro Galleria, Corner Collier Road and Walter Road, MORLEY 6062 Opening hours: Monday to Friday - 9:00am to 5:00pm

#### **MEERILINGA NUTRITION PROGRAM**

Address: 15 Cambridge Street, WEST LEEDERVILLE 6007 Phone: 9489 4022 Email: nutrition@meerilinga.org.au

#### PREGNANCY PROBLEM HOUSE

*Provides assistance with pregnancy testing, counselling and midwifery, "Earn while you learn" education program, relationship program and talks for schools and groups.* 

Phone: 9344 8110

Address: 342 Wanneroo Rd, Nollamara 6061

Website: www.pregnancyproblemhouse.org

Email: pph.la@iinet.net.au

Opening Hours: Opening hours: 9:00am-5:00pm or by appointment

## PRINCESS MARGARET HOSPITAL FOR CHILDREN

Children's hospital with adolescent medicine. Address: Roberts Road, SUBIACO 6008 Phone: 9340 8222

## **ST JOHN'S FIRST AID COURSES**

*St Johns conducts a number of first aid courses with some courses available to be conducted in home. For more information contact the course coordinator on* 9334 1480.

Website: www.stjohnambulance.com.au

## **SWAN DISTRICT HOSPITAL CAMPUS**

Address: Eveline Road, MIDDLE SWAN 6056

Phone: 9347 5244

## WARWICK CHILD AND ADOLESCENT MENTAL HEALTH SERVICE

Aims to assess and test young people with mental health issues. Offers support and treatment to young people and their families where these issues exist.

Address: 316 Erindale Rd, Warwick 6024

Phone: 9448 5544

Opening Hours: Monday-Friday 9:00am-5:00pm

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# **JUNIOR SPORTING CLUBS**

## **ATHENA CALISTHENICS CLUB**

Calisthenics competitions for children aged 3 and up in the Ballajura area Phone: 6101 7504 Email: enquiries@athenacaliclub.com.au Website: www.athenacaliclub.com.au

#### **BALLAJURA AFC**

Junior soccer competition Email: ballajura.afc.@gmail.com Website: www.ballajuraafc.com

## **BALLAJURA JUNIOR CRICKET CLUB**

Junior cricket competitions for children starting at Under 8's through to 17's Email: ballajurajcc@gmail.com

Website: www.ballajurajcc.asn.au

## **BALLAJURA JUNIOR FOOTBALL CLUB**

Website: www.ballajuajfc.com

## **BALLAJURA LITTLE ATHLETICS CLUB**

Website: www.ballajuralac.com.au

## **BALLAJURA INDOOR SPORT STADIUM**

Junior netball, cricket and soccer competitions Address: Corner Oxleigh Drive and Townsend Street, MALAGA Phone: 9249 6611 Email: biss@4u.com.au Website: www.ballajuraindoorsports.com.au

## **BALGA JUNIOR FOOTBALL CLUB**

Address: Corner Keemore Drive & Balga Avenue, BALGA 6061 Website: www.lionsdistrict.com.au

## **BALGA SOCCOR CLUB**

Juniors competition - Under 12s to Under 18s

Website: www.balgasc.com.au

Email: balgasc@hotmail.com

## **SMART MARTIAL ARTS**

Taekwondo classes for all ages

Address: Meerilinga Ballajura Children and Family Centre, 2 Community Mews, BALLAJURA 6066

Phone: 9209 3256

Mobile: 0450 098 118

Email: raj@smartmatkd.com

# **IN HOME SUPPORT**

## **ALTONE HOME VISITING**

A free service that provides support for the parents and carers of children aged between birth and 5 years.

Address: 106 Amazon Drive, BEECHBORO 6063

Phone: 9377 4749

Email: parenting3@meerilinga.org.au

#### **BEST BEGINNINGS**

Best Beginnings is a home visiting service for families of new infants. It involves regular visits to your home by caring, trained professionals who provide support, advice, information, connections and practical help.

Address: Unit 7, 8 Douglas Street, WARWICK

Phone: 9301 3600

Opening hours: Monday to Friday - 8:30am to 5:00pm

## NGALA

Ngala offers In Home Services which are available to those living in the Perth Metropolitan area. This services offers parenting support. For further information contact:

Ngala on 9368 9368.

#### **PARENTING WA- JOONDALUP**

Parenting WA and their Coordinators support families with children up to eighteen years. They run individual and group parenting programs and workshops. Parenting WA provide free home visiting programs to support parents. Home visiting programs are available to those living in the Kingsley and Woodvale area via the Joondalup office. For more information contact Simone Pesson on 9301 3424.

#### WANSLEA

Wanslea provides many services which are available to those living in the Kingsley/Woodvale area. Their Creating Strong Families program and Family Support program are home based programs which support parents in building their confidence and skills. Wanslea also offers In Home Care for the Perth Metropolitan area. For further information contact Wanslea on 9245 2441.

#### WHITE OAK

Mum and new born care in home services which provide practical and emotional support for new mums and their families following the birth of child.

Address: 14/115 Grand Boulevard, JOONDALUP 6027

Phone: 9301 0299

Email: info@whiteoak.com.au

# FAMILY SUPPORT ORGANISATIONS

## ABORIGINAL EARLY YEARS SUPPORT SERVICE

The Aboriginal Early Years Support Services builds on cultural strengths within Aboriginal families to support them to meet the needs of their children for their first three years.

Address: Pat Giles Centre, 11 Burlos Court, JOONDALUP 6027

Phone: 9300 0340

Opening Hours: Monday to Friday - 9:00am to 4:30pm

## ABORIGINAL PARENT SUPPORT SCHEME (MEERILINGA)

The Aboriginal Parent Support Service's Aboriginal team work alongside parents and families to support and empower families to develop their own parenting knowledge and skills and to enjoy the experience of parenting.

Phone: 9377 4749

Email: apss@meerilinga.org.au

## ANGLICARE

Anglicare supports people, families and their communities to cope with the challenges of life by building their resilience and capacity. Joondalup offer a number of services for children and families including the family relationship centre, children's contact services, children's family and domestic violence service, men's services and relationship counselling and education.

Address: Suite 4, First Floor, Sanori House, 126 Grand Boulevard, JOONDALUP, WA 6027

Phone: 9301 8555

## **AUSTRALIAN RED CROSS WA**

In Western Australia, The Australian Red Cross provides many services for families including birth and toddler support, family support services for multiple birth babies and families coping with postnatal depression, infant restraint hire and first aid health and safety services.

Address: 110 Goderich Street, East Perth 6004

Phone: 1800 810 710

Email: wareception@redcross.org.au

#### **BEST START**

Best Start recognises Aboriginal ways of bringing up children and builds on these cultural strengths. Programs for Aboriginal and Torres Strait Islanders include playgroups, nutrition and health education programs, early language and numeracy skills and integration into pre-primary programs at school

#### **Midland Coordinator**

Cynthia Dann

Address: 281 Great Eastern Highway, MIDLAND 6056

Phone: 9274 9411

Email: Cynthia.Dann@communities.wa.gov.au

#### **BROCKMAN HOUSE**

Services include Adult education programs, family support courses and community based child care

Address: 27 Hull Way, BEECHBORO 6063

Phone: 9279 1588

Email: admin@brockmanhouse.net

Website: www.brockmanhouse.net

Opening hours: Monday to Friday - 8:00am to 5:00pm

#### CLAN

Services include family skills courses, home visiting programs and mental health and wellbeing courses

Address: Sudbury House, 30 Chesterfield Road, MIRRABOOKA 6061

Phone: 9440 3595

## **CENTRELINK – CENTRELINK CUSTOMER SERVICE CENTRE**

#### Mirrabooka

Address: 22 Chesterfield Road, MIRRABOOKA 6061

Opening Hours: Monday to Friday – 8:00am to 5:00pm

#### Morley

Address: 38 Rudloc Road, MORLEY 6062

Opening Hours: Monday to Friday – 8:00am to 5:00pm

#### Warwick

85-87 Ellersdale Avenue, WARWICK 6024

Opening Hours: Monday to Friday - 8:30am to 4:30pm

## CENTRECARE

Services include family relationship counselling, post pregnancy counselling, men in family relationships service, adolescent mediation and family therapy, children's groups and counselling, emergency relief, financial counselling and general counselling plus Mirrabooka has the Centrecare Parent Link Home Visiting Service for parents with children of up to six years living in Ballajura and surrounding suburbs

Address: 12 Brewer Place, MIRRABOOKA 6061

Phone: 9440 0400

Email: mirrabooka@centrecare.com.au

## **CENTRECARE FAMILY RELATIONSHIP CENTRE MIDLAND**

The Midland Family Relationship Centre works to strengthen family relationships and prevent family breakdown by providing the following services: Information for families, help for families to use other services and assistance for separating families.

Address: Unit 17/53 The Crescent, MIDLAND 6056

Phone: 9436 0600

Email: midland@centrecare.com.au

Opening Hours: Monday to Friday - 8:30am to 4:30pm

## **DEPARTMENT FOR CHILD PROTECTION**

The department's major focus is on meeting the needs to vulnerable children and families. It is responsible for protection and caring for children and of supporting people at risk of crisis.

Phone: 9222 2555 or 1800 622 258 (Freecall STD)

#### Mirrabooka

Address: 8 Sudbury Place, MIRRABOOKA 6061

Phone: 9344 9666

Midland

Address: 281 Great Eastern Highway, MIDLAND 6056

Phone: 9274 9411

## FAMILY SUPPORT WA

Family Support WA offers support for people with disabilities and their families including respite, in home support, holiday camps and sibling support.

Address: 80 Landsdale Road, DARCH 6065

Phone: 9303 4660

Email: info@familysupportwa.org.au

Website: www.familysupportwa.org.au

#### **MEERILINGA BALLAJURA CHILDREN AND FAMILY CENTRE**

Address: 2 Community Mews, BALLAJURA 6066

Phone: 9249 7270

Email: ballajura@meerilinga.org.au

## **MEERILINGA BEECHBORO FAMILY CENTRE**

Services include playgroups, early learning program, parenting support, home visiting services and Aboriginal parent support service.

Address: 106 Amazon Drive, BEECHBORO

Phone: 9377 4749

## **MEERILINGA CENTRAL ADMINISTRATION OFFICE**

Address: 15 Cambridge Street, WEST LEEDERVILLE 6007

Phone: 9489 4022 (Regional: 1800 200 702)

Email: mycf@meerilinga.org.au

## **MEERILINGA EARLY LEARNING PROGRAM**

Designed for children aged 3 years, this vibrant, child centred program, held on a sessional basis every Tuesday and Thursday during each school term, promotes co-operation and collaboration.

For more information or to add your child to the waiting list for next term phone the Centre Coordinator on 9377 4749. The program is available at the Meerilinga Beechboro Family Centre.

## **MEERILINGA PARENTING SERVICES (NORTH METROPOLITAN)**

Meerilinga's parenting services support and resource families with children from birth to 12 years of age. The aim of the service is to help strengthen families by assisting them in accessing parenting information and resources including individual consultations, group work, community education and interagency collaboration.

Address: 106 Amazon Drive, BEECHBORO 6063

Phone: 9377 4749

Email: parenting2@meerilinga.org.au

## NGALA NORANDA FAMILY CENTRE

Address: Corner Garson Court and Forder Road, NORANDA 6062

Available to hire plus many activities run by different agencies and organisations including Ngala parenting and play time and consultations.

Phone: 9368 9325

Email: noranda@ngala.com.au

#### **PARENTING WA**

Parenting WA offers an information, support and referral service to parents, carers, grandparents and families with children up to 18 years of age.

## **PARENTING COORDINATORS**

#### Mirrabooka

Contact: Rebecca Forte

Phone: 9440 0011

#### Midland

Contact: Sue Marsh

Phone: 9247 1666

#### **STRONGFAMILIES**

The aim of the StrongFamilies process is to draw together the energy and experience of different agencies and support groups, moulding these into a single seamless source of help and support for families experiencing difficult and complex problems.

For more information contact the North Metro (Joondalup) coordinator

Call: 9403 5893 or 0429 083 299

# **HELPLINES**

## **CENTRELINK HELPLINES**

#### Family Assitance Office

Helps families with the cost of raising children

Phone: 13 6150

#### Website: www.familyassist.gov.au

Family tax benefit Part A and B, Child Care Benefit, Parenting Payment, Double Orphan Pension, Health Care Cards, Baby Bonus, Maternity Immunisation Allowance, and Jobs, Education and Training enquiries

#### Indigenous Call Centre

Phone: 13 6380

Indigenous Australians living in regional and remote areas can talk about Centrelink payments and services

#### **Multilingual Service**

Phone: 13 1202

People from culturally and linguistically diverse backgrounds needing information in languages other than English.

#### Seniors

Phone: 13 2300

Age Pension, Pensioner Concession Cards, Bereavement assistance, Widow B Pension, Wife Pension, and Commonwealth Seniors Health Card enquiries

#### Youth and Student Services

Phone: 13 2490

Enquiries for Youth Allowance, Austudy, Pensioner Education Supplement and Low Income Health Care Card

## **CHILD CARE ACCESS HOTLINE**

Information on location of child care services, types of child care available, how to claim benefits and rebates, up to date vacancies and fee information.

Phone: 1800 670 305 (freecall)

Opening hours: Monday to Friday - 8:00am to 9:00pm

Website: www.mychild.gov.au

## **CRISIS CARE HELPLINE**

Crisis Care is a telephone information and counselling service for people in crisis needing urgent help.

It operates 24 hours, 7 days a week.

Call: 9223 1111 or 1800 199 008

#### FAMILYHELP LINE

The family helpline is a confidential telephone counselling and information service for families with relationship difficulties.

It operates 24 hours, 7 days a week.

Call: 9223 1100 or 1800 643 000

#### **KIDS HELP LINE**

Kids Help Line is Australia's only free, confidential and anonymous, 24-hour telephone and online counselling service specifically for young people aged between 5 and 25.

Call: 1800 55 1800

#### LIFELINE

Lifeline provides access to crisis support, suicide prevention and mental health support services.

It operates 24 hours, 7 days a week.

Call: 13 11 14

## NGALA FAMILY RESOURCE CENTRE

Free call helpline for parenting information, strategies and referral to community services.

Call: 9368 9368 or 1800 111 546 (country access)

#### **PARENTING WA LINE**

Telephone information and support services on parenting It is available 24 hours a day, 7 days per week. Call: 6279 1200 or 1800 654 432

#### **POISONS INFORMATION LINE**

24 Hour advices on all exposures to poisons, medicines, plants, bites/stings Phone: 13 11 26

## **PARENTING HELPLINE**

Information on pregnancy support services in available in your region. Phone: 1300 139 313 Email: info@pregnancysupport.com.au 24 hours a day, 7 days per week

## WOMEN'S INFORMATION SERVICE WA (WIS)

The WIS provides support and information for a range of issues including health issues, finances, legal matters, counselling and domestic violence.

Phone: 6217 8230 or 1800 199 174 (freecall for country callers)

Opening hours: Monday to Friday - 9:00am to 5:00pm

Email: wis@communities.wa.gov.au

## **OTHER**

#### **CHILDREN'S WEEK**

Children's Week is a national annual event held in October to coincide with the United Nation's Universal Children's Day. Meerilinga Young Children's Foundation Inc, has been the conveyer of Children's Week for over 30 years. Events include The WA Children's Week Awards and the Awards Presentation Ceremony plus the highly anticipated Family Funsafe Day. For more information contact

Phone: 9489 4022 or 1800 200 702 (regional)

Email: info@childrensweekwa.org.au

Website: www.childrensweekwa.org.au

## **CITY OF JOONDALUP LIBRARY- WOODVALE**

The Woodvale library has an area dedicated to children with a large range of storybooks. Baby Rhyme Time is held each week for those aged 0 to 24 months and Story Time is held every Friday and one Saturday a month for children aged between 2 and 4. For further information contact:

City of Joondalup Library - Woodvale

5 Trappers Drive, WOODVALE

Phone: 9400 4180

Website: www.joondalup.wa.gov.au

#### **MEERILINGA TRAINING COLLEGE**

Address: 15 Cambridge Street, WEST LEEDERVILLE 6007

Phone: 9489 4022 (Regional: 1800 200 702)

Email: mtc@meerilinga.org.au

#### **MEERILINGA VOLUNTEERING**

Volunteers make a significant contribution to Meerilinga and to the children and families they work with. Meerilinga is committed to boosting the recognition and value of contribution by our volunteers. For more information contact:

Coordinator Services on 9489 4022 or email parenting@meerilinga.org.au

## **MORNING TEA GROUPS**

Kingsley Children and Family Centre, 48 Peregrine Way, KINGSLEY 6026 Cuppa Chinos – Mondays 10:00am to 12:00pm The Friendship Café – Wednesdays 10:00am to 12:00pm

## **NEXUS YOUTH GROUP**

Activities held on Friday nights for children in grades 7-12.For further information contact Kevin: Phone: 9309 4044or 0423 138 459. Location: Woodvale Baptist Church, 67 Woodvale Drive, Woodvale WA 6026 Email: mail@wbcinc.org.au Website: www.wbcinc.org.au

## POLICE

Police Assistance - 131 444

Emergency - 000

#### Warwick

Address: 37 Eddington Road, WARWICK

Phone: 9246 8333

Opening hours: Monday to Friday - 8:00am to 4:00pm

Includes: Alexander Heights, Darch, Duncraig, Girrawheen, Greenwood, Kingsley, Koondoola, Landsdale, Madely, Marangaroo, Marmion and Warwick

#### Joondalup

Address: 9 Reid Promenade, JOONDALUP 6027

Phone: 9400 0888

Includes: Beldon, Burns Beach, Connolly, Currambine, Edgewater, Heathridge, Iluka, Joondalup, Kinross, Mullaloo, Ocean Reef, Woodvale

## WOODVALE TOY LIBRARY

Not for profit toy library which is run voluntarily by parents. Open every Saturday from 9:30 am to 11:15am (February to December).

Address: Kingsley Children and Family Centre, 48 Peregrine Drive, KINGSLEY 6026

Email: woodvaletoylibrary@gmail.com

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