Books, DVD’s and CD’s for Fathers

**Books**

**Fatherhood / Parenthood**
The Dad Factor, Richard Fletcher, 2011, Finch, Australia.

Me and My Dad - Heroes Together, Sally Morgan and Ezekiel Kwaymullina, 2010 The Dad Factor, Dr Richard Fletcher, 2011, Finch, Australia.


Welcome to your new baby, 2009, WA Department of Health, Australia. (Soft cover publication provided to new parents by Child Health Clinics). Also available online – see “Downloadable publications” section below.

Raising Boys – Why boys are different and how to help them become happy and well balanced men, Steve Biddulph, 3rd ed. 2008, Australia (Note: See more titles on the transition from boyhood to manhood in the section below ‘Men, manhood, men’s issues”).


Father and Child Reunion: How to bring the dads we need to the children we love, Dr Warren Farrell, 2008, New York, USA.


Father Your Son: How to become the father you’ve always wanted to be, Dr Stephan Poulter, 2004.


Raising Real People: Creating a resilient family, Andrew Fuller, 2002, Acer Press, Victoria, Australia.
Books (continued)

Fathering from From the Fast Lane, Bruce Robinson, 2001, Finch Publishing, NSW, Australia.


Self Esteem for Boy: 100 tips for raising happy and confident children, Elizabeth Hartley-Brewer, 2000, Random House, UK.

On Their Own: Boys growing up unfathered, Rex McCann, 2000.

Dads, Toddlers and the Chicken Dance, Peter Downey, 1997, Simon and Schuster, Australia.

The 60 Minute Father, Rob Parsons, 1997, Hodder and Stoughton, UK.

Chicken Soup for the Father’s Soul, Jack Canfield, 1993, Health Communications, USA.

Note: There are also chapters on fatherhood in most of the books listed below under the section ‘Men, manhood, and men’s issues’.

Own Father, Grandfather

Activities with Children
Kicking Around Perth: Kids activities in Perth, WA Newspapers, Perth.


The Reading Bug … and how you can help your child to catch it, Paul Jennings, 2003, Victoria, Australia.

Men, Manhood, Men’s Issues
The New Manhood, Steve Biddulph, 2010, Finch, Australia


Regular Joe vs Mr Invincible: The battle for the true man, Dr Elizabeth Celi, 2010, Quality Living, Australia

Marking Life’s stages: appropriate rites of passage for men and boys, Don Bowak, 2008, NSW, Australia
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Matters for Men, John Ashfield / South Australian Rural Men’s Health Alliance, 2007, Peacock, Australia.


He’ll Be OK: Growing gorgeous boys into good men, Celia Lashlie, 2005, New Zealand.

Man Making: Men helping boys on their journey to manhood, Earl Hipp, 2000, Human Resource Development, USA.


Death of a Hero, Birth of a Soul, John C. Robinson, 1997, Council Oak Books, USA.

Everyman, Derek Llewellyn Jones, 1991, Oxford University Press.

Fire in the Belly, Sam Keen, 1991, Bantam, USA.

**DVD’s**


Being Dad 1, Beyond Home Entertainment, 2008, Australia, 84 minutes.


Raising Children, Raising Children Network, 2007, Australia, 300 minutes www.raisingchildren.net.au


Ngala (Perth) has a range of DVD’s on sleep and play for babies, toddlers, and children 0-5. www.ngala.com.au
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**Downloadable Publications**

Meerilinga has a range of free, downloadable information sheets for parents at our website: www.meerilinga.org.au

These include:

1. Child development, play ideas, common childhood illnesses, ideas for keeping the relationship strong between father and child when dad works away, and others. After clicking on the Meerilinga website, click on ‘Children & Parenting’, then ‘Dads in the Early Years’, ‘Information sheets’.

2) Healthy nutrition for infants and children. After clicking on the Meerilinga website, click on ‘Health and Wellbeing’, then ‘Nutrition’.


**CD's**

Fatherhood, various Australian musicians, compiled by Steve Davies and Colin George, 2004, Rawmix, NSW Australia.

www.fatherhood.com.au


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